



**Time to wake up
those taste buds.**

BREAKFAST MENU

FULL ENGLISH BREAKFAST £19.50

JUICES

Apple | Grapefruit | Orange

FRUIT

Melon | Watermelon | Pineapple
Grapefruit Segment | Orange Segment | Peach
Selection of Whole Fruits

VEGETABLES

Cucumber | Cherry Tomatoes | Peppers

CEREALS, DRIED FRUIT, NUTS & SEEDS

Cornflakes | Rice Krispies | Bran Flakes | Fruit 'n Fibre
Muesli | Weetabix | Coco Pops | Special K | Alpen
Assorted Dried Fruit, Nuts, Seeds

YOGHURT & TOPPINGS

Low Fat Natural | Fruit Yoghurt Pots
Berry Compote | Prunes

CONTINENTAL MEAT & CHEESE

Selection of Cured Meats
Cheddar | Emmental | Brie

FROM THE BAKERY

Freshly Baked Danish Pastries | Muffins | Croissants
Sliced White & Brown Bread
Ryvita | Artisan Breads

COFFEE & TEA TO ORDER

FRESHLY BREWED COFFEE OR BREAKFAST TEA CAN BE ORDERED WITH YOUR SERVER.

For speciality Coffees please ask your server:

Latte £4.50 | Cappuccino £4.50
Mocha £4.55 | Hot Chocolate £4.45
Espresso £3.25 | Double Espresso £4.35
+ Caramel or Vanilla Syrup £1.00

Kindly note that items cooked to order may take
up to 15 minutes during busy periods.

If you have a food allergy or specific dietary requirement please inform your server.

HOT ENGLISH BREAKFAST

HELP YOURSELF FROM THE BUFFET (642 Cal)

Premium Back Bacon | Premium Pork Sausage
Cumberland Sausage | Scrambled Eggs | Fried Eggs | Mushrooms
Grilled Tomato | Hash Browns | Black Pudding | Baked Beans

ITEMS COOKED TO ORDER

PLEASE ORDER WITH YOUR SERVER

EGGS (186 Cal)

Poached | Boiled

VEGETARIAN SAUSAGE (142 Cal)

PORRIDGE (252 Cal)

Traditional Oatmeal Porridge
made with choice of Milk or Water

OMELETTE (296 Cal)

Three Eggs Plus Your Choice of Filling
Cheese | Ham | Red Onion | Peppers | Chilli | Spinach
Tomato | Mushrooms

PANCAKES, FRENCH TOAST OR WAFFLE (V) (368 Cal)

Served with Maple Syrup

A LA CARTE UPGRADE WITH A SUPPLEMENT

EGGS BENEDICT (426 Cal) £6.50

Prosciutto | Hollandaise | Poached Eggs | English Muffin

SMOKED SALMON (384 Cal) £6.50

Toasted Sourdough | Scrambled Egg | Lemon

SMOKED HADDOCK (293 Cal) £6.50

Toasted Sourdough | Poached Eggs

GRILLED KIPPERS (278 Cal) £6.50

Kipper Fillet | Parsley Butter

AVOCADO (294 Cal) £5.00

Toasted Sourdough | Poached Eggs